



MAY 2025

INDOOR LAP SWIM SCHEDULE

MONDAY	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
5-6 am						
6-7 am						
7-8 am						
8-9 am						
9-10 am						
10-11 am						
11 am-Noon						
Noon-1 pm						
1-2:30 pm						
2:30-3:30 pm						
3:30-4:30 pm						
4:30-5 pm						
5-6 pm						
6-7 pm						
7-8 pm						
8-9 pm						

TUESDAY	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
5-6 am						
6-7 am						
7-8 am						
8-9 am						
9-10 am						
10-11 am						
11 am-Noon						
Noon-1 pm						
1-2:30 pm						
2:30-3:30 pm						
3:30-4:30 pm						
4:30-5 pm						
5-6 pm						
6-7 pm						
7-8 pm						
8-9 pm						

SPECIAL EVENTS / TRAININGS*

5/5	No lap lanes available indoors on Mondays after 5 pm
5/7-5/9	Lifeguard Certification 4-8 pm lanes 5/6
5/10	Lifeguard Certification 8 am-5 pm lanes 5/6
5/10-11	Swim Instructor Certification 9 am- 12 pm lanes 5/6
5/16	Lifeguard Certification 4-8 pm lanes 5/6
5/17	Swim Team new-member evaluations lanes 1-4
5/17-5/18	Lifeguard Certification 9 am-5 pm lanes 5/6

5/19-5/23	Staff Training: Limited Lap Lane Availability 4-7 pm
5/24	Indoor/Outdoor Lap Swim Schedule begins
5/26	Indoor/Outdoor Lap Swim Available 7 am-5:30 pm
5/27-5/28	Swim Instructor Certification 4-7 pm lanes 5/6
5/30	Lifeguard Certification 4-8pm lanes 5/6
5/31-6/1	Lifeguard Certification 9am-5pm lanes 5/6
5/31	Summer Swim Lessons begin lanes 3-6

COLOR KEY

	Lap Swim		VVSD Lessons
	Swim Lessons		Water Aerobics
	Swim Team		Open Swim
	NWCSRA		

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MAY 2025

INDOOR LAP SWIM SCHEDULE

WEDNESDAY	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
5-6 am						
6-7 am						
7-8 am						
8-9 am						
9-10 am						
10-11 am						
11 am-Noon						
Noon-1 pm						
1-2:30 pm						
2:30-3:30 pm						
3:30-4:30 pm						
4:30-5 pm						
5-6 pm						
6-7 pm						
7-7:15 pm						
7:15-8 pm						
8-9 pm						

THURSDAY	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
5-6 am						
6-7 am						
7-8 am						
8-9 am						
9-10 am						
10-11 am						
11 am-Noon						
Noon-1 pm						
1-2:30 pm						
2:30-3:30 pm						
3:30-4:30 pm						
4:30-5 pm						
5-6 pm						
6-7 pm						
7-8 pm						
8-9 pm						

SPECIAL EVENTS / TRAININGS*

5/5	No lap lanes available indoors on Mondays after 5 pm
5/7-5/9	Lifeguard Certification 4-8 pm lanes 5/6
5/10	Lifeguard Certification 8 am-5 pm lanes 5/6
5/10-11	Swim Instructor Certification 9 am- 12 pm lanes 5/6
5/16	Lifeguard Certification 4-8 pm lanes 5/6
5/17	Swim Team new-member evaluations lanes 1-4
5/17-5/18	Lifeguard Certification 9 am-5 pm lanes 5/6

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5/31	Summer Swim Lessons begin lanes 3-6

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COLOR KEY

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	Swim Lessons		Water Aerobics
	Swim Team		Open Swim
	NWCSRA		





MAY 2025

INDOOR LAP SWIM SCHEDULE

FRIDAY	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
5-6 am						
6-7 am						
7-8 am						
8-9 am						
9-10 am						
10-11 am						
11 am-Noon						
Noon-1 pm						
1-2:30 pm						
2:30-3:30 pm						
3:30-4:30 pm						
4:30-5 pm						
5-6 pm						
6-7 pm						
7-8 pm						
8-9 pm						

SATURDAY	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
7-8 am						
8-9 am						
9-10 am						
10-11 am						
11 am-Noon						
Noon-1 pm						
1-2 pm						
2-3 pm						
3-4 pm						
4-5 pm						

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SUNDAY	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
7-8 am						
8-9 am						
9-10 am						
10-11 am						
11 am-Noon						
Noon-1 pm						
1-2 pm						
2-3 pm						
3-4 pm						
4-5 pm						

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