



# INDOOR LAP SWIM SCHEDULE

## October 2025

MONDAY	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
5-6 am						
6-7 am						
7-8 am						
8-9 am						
9-10 am						
10-11 am						
11 am-Noon						
Noon-1 pm						
1-2:30 pm						
2:30-3:30 pm						
3:30-4:30 pm						
4:30-5 pm						
5-6 pm						
6-7 pm						
7-8 pm						
8-9 pm						

TUESDAY	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
5-6 am						
6-7 am						
7-8 am						
8-9 am						
9-10 am						
10-11 am						
11 am-Noon						
Noon-1 pm						
1-2:30 pm						
2:30-3:30 pm						
3:30-4:30 pm						
4:30-5 pm						
5-6 pm						
6-7 pm						
7-8 pm						
8-9 pm						

### SPECIAL EVENTS / TRAININGS\*

Mondays after 5 pm	No lap lanes available.
10/3	Swim Meet—Facility Closed 4-9 pm
10/8	Swim Instructor Certification Class using lane 1, 4:30-7 pm
10/9	Swim Instructor Certification Class using lane 1, 4:30-6 pm
10/13	Indigenous People's Day—Open Swim 12-8 pm, including lanes 5 & 6 (No Swim Lessons, Swim Team, VVSD or NWCSRA)

10/17	No VVSD Lessons
10/21	Swim Team Picture Day ( <i>only using lanes until approx. 7:30 pm</i> )
10/24	Parkie's Pumpkin Patch using lanes 5-6, 6-8 pm. No Open Swim. (No Swim Team. Lap swim available in lanes 1-4)

### COLOR KEY

	Lap Swim		VVSD Lessons
	Swim Lessons		Water Aerobics
	Swim Team		Open Swim
	NWCSRA		

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# INDOOR LAP SWIM SCHEDULE

## October 2025

WEDNESDAY	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
5-6 am						
6-7 am						
7-8 am						
8-9 am						
9-10 am						
10-11 am						
11 am-Noon						
Noon-1 pm						
1-2:30 pm						
2:30-3:30 pm						
3:30-4:30 pm						
4:30-5 pm						
5-6 pm						
6-7 pm						
7-7:15 pm						
7:15-8 pm						
8-9 pm						

THURSDAY	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
5-6 am						
6-7 am						
7-8 am						
8-9 am						
9-10 am						
10-11 am						
11 am-Noon						
Noon-1 pm						
1-2:30 pm						
2:30-3:30 pm						
3:30-4:30 pm						
4:30-5 pm						
5-6 pm						
6-7 pm						
7-8 pm						
8-9 pm						

### SPECIAL EVENTS / TRAININGS\*

Mondays after 5 pm	No lap lanes available.
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10/8	Swim Instructor Certification Class using lane 1, 4:30-7 pm
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10/17	No VVSD Lessons
10/21	Swim Team Picture Day (only using lanes until approx. 7:30 pm)
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	Swim Lessons		Water Aerobics
	Swim Team		Open Swim
	NWCSRA		

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## October 2025

FRIDAY	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
5-6 am						
6-7 am						
7-8 am						
8-9 am						
9-10 am						
10-11 am						
11 am-Noon						
Noon-1 pm						
1-2:30 pm						
2:30-3:30 pm						
3:30-4:30 pm						
4:30-5 pm						
5-6 pm						
6-7 pm						
7-8 pm						
8-9 pm						

SATURDAY	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
7-8 am						
8-9 am						
9-10 am						
10-11 am						
11 am-Noon						
Noon-1 pm			UNTIL 12:15 PM			
1-2 pm						
2-3 pm						
3-4 pm						
4-5 pm						

### SPECIAL EVENTS / TRAININGS\*

Mondays after 5 pm	No lap lanes available.
10/3	Swim Meet—Facility Closed 4-9 pm
10/8	Swim Instructor Certification Class using lane 1, 4:30-7 pm
10/9	Swim Instructor Certification Class using lane 1, 4:30-6 pm
10/13	Indigenous People's Day—Open Swim 12-8 pm, including lanes 5 & 6 (No Swim Lessons, Swim Team, VVSD or NWCSRA)

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	NWCSRA		

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SUNDAY	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
7-8 am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
8-9 am	NWCSRA	NWCSRA	Lap Swim	Lap Swim	Swim Lessons	Swim Lessons
9-10 am	NWCSRA	NWCSRA	Lap Swim	Lap Swim	Swim Lessons	Swim Lessons
10-11 am	NWCSRA	NWCSRA	Lap Swim	Lap Swim	Swim Lessons	Swim Lessons
11 am-Noon	NWCSRA	NWCSRA	Lap Swim	Lap Swim	Swim Lessons	Swim Lessons
Noon-1 pm	Swim Team	Lap Swim	Lap Swim	Lap Swim	Open Swim	Open Swim
1-2 pm	Swim Team	Lap Swim	Lap Swim	Lap Swim	Open Swim	Open Swim
2-3 pm	Swim Team	Lap Swim	Lap Swim	Lap Swim	Open Swim	Open Swim
3-4 pm	Swim Team	Lap Swim	Lap Swim	Lap Swim	Open Swim	Open Swim
4-5 pm	Swim Team	Lap Swim	Lap Swim	Lap Swim	Open Swim	Open Swim

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Swim Lessons	Water Aerobics
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