



JULY 2024

INDOOR LAP SWIM SCHEDULE

MONDAY	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
5-6 am	Green	Green	Green	Green	Green	Green
6-7 am	Green	Green	Green	Green	Green	Green
7-8 am	Blue	Blue	Blue	Green	Pink	Pink
8-9 am	Green	Green	Yellow	Yellow	Yellow	Yellow
9-10 am	Green	Green	Yellow	Yellow	Yellow	Yellow
10-11 am	Green	Green	Yellow	Yellow	Yellow	Yellow
11 am-12 pm	Green	Green	Yellow	Yellow	Yellow	Yellow
12-1 pm	Green	Green	Green	Green	Red	Red
1-2 pm	Blue	Green	Green	Green	Red	Red
2-3 pm	Green	Green	Green	Green	Red	Red
3-4 pm	Green	Green	Green	Green	Red	Red
4-5 pm	Green	Green	Green	Green	Red	Red
5-6 pm	Blue	Blue	Blue	Blue	Purple	Purple
6-7 pm	Blue	Blue	Blue	Blue	Purple	Purple
7-8 pm	Blue	Blue	Blue	Blue	Purple	Purple
8-9 pm	Blue	Blue	Blue	Blue	Purple	Purple

TUESDAY	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
5-6 am	Green	Green	Green	Green	Green	Green
6-7 am	Green	Green	Green	Green	Green	Green
7-8 am	Green	Green	Green	Green	Green	Green
8-9 am	Green	Green	Yellow	Yellow	Yellow	Yellow
9-10 am	Green	Green	Yellow	Yellow	Yellow	Yellow
10-11 am	Green	Green	Yellow	Yellow	Yellow	Yellow
11 am-12 pm	Green	Green	Yellow	Yellow	Yellow	Yellow
12-1 pm	Green	Green	Green	Green	Green	Green
1-2 pm	Green	Green	Green	Green	Green	Green
2-3 pm	Green	Green	Green	Green	Green	Green
3-4 pm	Green	Green	Yellow	Yellow	Yellow	Yellow
4-5 pm	Green	Green	Yellow	Yellow	Yellow	Yellow
5-6 pm	Green	Green	Yellow	Yellow	Yellow	Yellow
6-7 pm	Green	Green	Yellow	Yellow	Yellow	Yellow
7-8 pm	Blue	Blue	Blue	Blue	Green	Green
8-9 pm	Blue	Blue	Blue	Blue	Green	Green

SPECIAL EVENTS/TRAININGS*

July 1 & 2	New Swim Instructor Certification, 8 am-12 pm, Lanes 5-6
July 4	Closed
July 17	Indoor pool closed, 4-9 pm, for swim meet

*Hours and lanes are subject to change based on programming, special events and trainings.
Signs regarding updates will be posted on the indoor pool doors.

COLOR KEY

Green	Lap Swim	Orange	VVSD Lessons
Yellow	Swim Lessons	Pink	Water Aerobics
Blue	Swim Team	Red	Open Swim
Purple	NWCSRA		





JULY 2024

INDOOR LAP SWIM SCHEDULE

WEDNESDAY	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
5-6 am	Green	Green	Green	Green	Green	Green
6-7 am	Green	Green	Green	Green	Green	Green
7-8 am	Blue	Blue	Blue	Blue	Green	Green
8-9 am	Green	Green	Yellow	Yellow	Yellow	Yellow
9-10 am	Green	Green	Yellow	Yellow	Yellow	Yellow
10-11 am	Green	Green	Yellow	Yellow	Yellow	Yellow
11 am-12 pm	Green	Green	Yellow	Yellow	Yellow	Yellow
12-1 pm	Green	Green	Green	Green	Green	Green
1-2pm	Green	Green	Green	Green	Green	Green
2-3 pm	Green	Green	Green	Green	Green	Green
3-4 pm	Green	Green	Yellow	Yellow	Yellow	Yellow
4-5 pm	Green	Green	Yellow	Yellow	Yellow	Yellow
5-6:30 pm	Green	Green	Yellow	Yellow	Yellow	Yellow
6:30-7 pm	Green	Green	Green	Green	Yellow	Yellow
7-7:30 pm	Blue	Blue	Blue	Green	Yellow	Yellow
7:30-8 pm	Blue	Blue	Blue	Blue	Green	Green
8-9 pm	Blue	Blue	Blue	Blue	Green	Green

THURSDAY	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
5-6 am	Green	Green	Green	Green	Green	Green
6-7 am	Green	Green	Green	Green	Green	Green
7-8 am	Green	Green	Green	Green	Green	Green
8-9 am	Green	Green	Yellow	Yellow	Yellow	Yellow
9-10 am	Green	Green	Yellow	Yellow	Yellow	Yellow
10-11 am	Green	Green	Yellow	Yellow	Yellow	Yellow
11 am-12 pm	Green	Green	Yellow	Yellow	Yellow	Yellow
12-1 pm	Green	Green	Green	Green	Green	Green
1-2 pm	Green	Green	Green	Green	Green	Green
2-3 pm	Green	Green	Green	Green	Green	Green
3-4 pm	Green	Green	Yellow	Yellow	Yellow	Yellow
4-5 pm	Green	Green	Yellow	Yellow	Yellow	Yellow
5-6 pm	Green	Green	Yellow	Yellow	Yellow	Yellow
6-7 pm	Green	Green	Yellow	Yellow	Yellow	Yellow
7-8 pm	Blue	Blue	Blue	Blue	Green	Green
8-9 pm	Blue	Blue	Blue	Blue	Green	Green

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FRIDAY	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
5-6 am	Green	Green	Green	Green	Green	Green
6-7 am	Green	Green	Green	Green	Green	Green
7-8 am	Blue	Blue	Blue	Blue	Green	Green
8-9 am	Green	Green	Green	Green	Green	Green
9-10 am	Green	Green	Green	Green	Green	Green
10-11 am	Green	Green	Green	Green	Green	Green
11 am-12 pm	Green	Green	Green	Green	Green	Green
12-1 pm	Green	Green	Green	Green	Red	Red
1-2 pm	Green	Green	Green	Green	Red	Red
2-3 pm	Green	Green	Green	Green	Red	Red
3-4 pm	Green	Green	Green	Green	Red	Red
4-5 pm	Green	Green	Green	Green	Red	Red
5-6 pm	Blue	Blue	Blue	Blue	Red	Red
6-7 pm	Blue	Blue	Blue	Blue	Red	Red
7-8 pm	Blue	Blue	Blue	Blue	Green	Green
8-9 pm	Blue	Blue	Blue	Blue	Green	Green

SATURDAY	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
7-8 am	Blue	Blue	Blue	Blue	Green	Green
8-8:50 am	Green	Green	Yellow	Yellow	Yellow	Yellow
8:50-10 am	Green	Green	Yellow	Yellow	Yellow	Yellow
10-11 am	Green	Green	Yellow	Yellow	Yellow	Yellow
11 am-12 pm	Green	Green	Yellow	Yellow	Yellow	Yellow
12-1 pm	Green	Green	Green	Green	Red	Red
1-2 pm	Green	Green	Green	Green	Red	Red
2-3 pm	Green	Green	Green	Green	Red	Red
3-4 pm	Blue	Green	Green	Green	Red	Red
4-5 pm	Blue	Green	Green	Green	Red	Red

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SUNDAY	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
7-8 am	Green	Green	Green	Green	Green	Green
8-9 am	Green	Green	Green	Green	Green	Green
9-10 am	Purple	Purple	Purple	Green	Yellow	Yellow
10-11 am	Purple	Purple	Green	Yellow	Yellow	Yellow
11 am-12 pm	Purple	Purple	Green	Yellow	Yellow	Yellow
12-1 pm	Blue	Green	Green	Green	Red	Red
1-2 pm	Blue	Green	Green	Green	Red	Red
2-3 pm	Green	Green	Green	Green	Red	Red
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