



# JANUARY 2025

## INDOOR LAP SWIM SCHEDULE

MONDAY	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
5-6 am	Green	Green	Green	Green	Green	Green
6-7 am	Green	Green	Green	Green	Green	Green
7-8 am	Green	Green	Green	Green	Green	Green
8-9 am	Green	Green	Green	Green	Pink	Pink
9-10 am	Green	Green	Green	Green	Pink	Pink
10-11 am	Green	Green	Green	Green	Green	Green
11 am-Noon	Green	Green	Green	Green	Green	Green
Noon-1 pm	Green	Green	Green	Green	Green	Green
1-2:30 pm	Green	Green	Green	Green	Green	Green
2:30-3:30 pm	Orange	Orange	Orange	Orange	Green	Green
3:30-4:30 pm	Orange	Orange	Orange	Orange	Green	Green
4:30-5 pm	Blue	Green	Green	Green	Green	Green
5-6 pm	Blue	Blue	Blue	Blue	Purple	Purple
6-7 pm	Blue	Blue	Blue	Blue	Purple	Purple
7-8 pm	Blue	Blue	Blue	Blue	Purple	Purple
8-9 pm	Blue	Blue	Blue	Blue	Purple	Purple

TUESDAY	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
5-6 am	Green	Green	Green	Green	Green	Green
6-7 am	Green	Green	Green	Green	Green	Green
7-8 am	Green	Green	Green	Green	Green	Green
8-9 am	Green	Green	Green	Green	Pink	Pink
9-10 am	Green	Green	Green	Green	Pink	Pink
10-11 am	Green	Green	Green	Green	Green	Green
11 am-Noon	Green	Green	Green	Green	Green	Green
Noon-1 pm	Green	Green	Green	Green	Green	Green
1-2:30 pm	Green	Green	Green	Green	Green	Green
2:30-3:30 pm	Orange	Orange	Orange	Orange	Green	Green
3:30-4:30 pm	Orange	Orange	Orange	Orange	Green	Yellow
4:30-5 pm	Green	Green	Yellow	Yellow	Yellow	Yellow
5-6 pm	Green	Green	Yellow	Yellow	Yellow	Yellow
6-7 pm	Green	Green	Yellow	Yellow	Yellow	Yellow
7-8 pm	Blue	Blue	Blue	Blue	Green	Green
8-9 pm	Blue	Blue	Blue	Blue	Green	Green 7:30-8:15 pm

### SPECIAL EVENTS/TRAININGS\*

Jan 2	Pelicans Swim Team begins
Jan 6	Swim lessons begin
Jan 18	Pool closed from Noon-5 pm for swim meet

\*Schedule is subject to change based on programming, special events and trainings. Signs regarding updates will be posted on the indoor pool doors. Please allow 5-10 minutes for program transitions.

### COLOR KEY

Green	Lap Swim	Orange	VVSD Lessons
Yellow	Swim Lessons	Pink	Water Aerobics
Blue	Swim Team	Red	Open Swim
Purple	NWCSRA		





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WEDNESDAY	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
5-6 am	Green	Green	Green	Green	Green	Green
6-7 am	Green	Green	Green	Green	Green	Green
7-8 am	Green	Green	Green	Green	Green	Green
8-9 am	Green	Green	Green	Green	Pink	Pink
9-10 am	Green	Green	Green	Green	Pink	Pink
10-11 am	Green	Green	Green	Green	Green	Green
11 am-Noon	Green	Green	Green	Green	Green	Green
Noon-1 pm	Green	Green	Green	Green	Green	Green
1-2:30 pm	Green	Green	Green	Green	Green	Green
2:30-3:30 pm	Orange	Orange	Orange	Orange	Green	Green
3:30-4:30 pm	Orange	Orange	Orange	Orange	Green	Yellow
4:30-5 pm	Green	Green	Yellow	Yellow	Yellow	Yellow
5-6 pm	Green	Green	Yellow	Yellow	Yellow	Yellow
6-7 pm	Green	Green	Yellow	Yellow	Yellow	Yellow
7-7:15 pm	Blue	Blue	Blue	Green	Yellow	Yellow
7:15-8 pm	Blue	Blue	Blue	Blue	Green	Pink
8-9 pm	Blue	Blue	Blue	Blue	Green	Pink

THURSDAY	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
5-6 am	Green	Green	Green	Green	Green	Green
6-7 am	Green	Green	Green	Green	Green	Green
7-8 am	Green	Green	Green	Green	Green	Green
8-9 am	Green	Green	Green	Green	Pink	Pink
9-10 am	Green	Green	Green	Green	Pink	Pink
10-11 am	Green	Green	Green	Green	Green	Green
11 am-Noon	Green	Green	Green	Green	Green	Green
Noon-1 pm	Green	Green	Green	Green	Green	Green
1-2:30 pm	Green	Green	Green	Green	Green	Green
2:30-3:30 pm	Orange	Orange	Orange	Orange	Green	Green
3:30-4:30 pm	Orange	Orange	Orange	Orange	Green	Yellow
4:30-5 pm	Green	Green	Yellow	Yellow	Yellow	Yellow
5-6 pm	Green	Green	Yellow	Yellow	Yellow	Yellow
6-7 pm	Green	Green	Yellow	Yellow	Yellow	Yellow
7-8 pm	Blue	Blue	Blue	Blue	Green	Green
8-9 pm	Blue	Blue	Blue	Blue	Green	Green

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FRIDAY	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
5-6 am	Green	Green	Green	Green	Green	Green
6-7 am	Green	Green	Green	Green	Green	Green
7-8 am	Green	Green	Green	Green	Green	Green
8-9 am	Green	Green	Green	Green	Pink	Pink
9-10 am	Green	Green	Green	Green	Green	Green
10-11 am	Green	Green	Green	Green	Green	Green
11 am-Noon	Green	Green	Green	Green	Green	Green
Noon-1 pm	Green	Green	Green	Green	Green	Green
1-2:30 pm	Green	Green	Green	Green	Green	Green
2:30-3:30 pm	Orange	Orange	Orange	Orange	Green	Green
3:30-4:30 pm	Orange	Orange	Orange	Orange	Green	Green
4:30-5 pm	Green	Green	Green	Green	Green	Green
5-6 pm	Blue	Blue	Blue	Blue	Green	Green
6-7 pm	Blue	Blue	Blue	Blue	Green	Green
7-8 pm	Blue	Blue	Blue	Blue	Green	Green
8-9 pm	Blue	Blue	Blue	Blue	Green	Green

SATURDAY	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
7-8 am	Blue	Blue	Blue	Blue	Green	Green
8-9 am	Green	Green	Yellow	Yellow	Yellow	Yellow
9-10 am	Green	Green	Yellow	Yellow	Yellow	Yellow
10-11 am	Green	Green	Yellow	Yellow	Yellow	Yellow
11 am-Noon	Green	Green	Yellow	Yellow	Yellow	Yellow
Noon-1 pm	Green	Green	Yellow	Yellow	Red	Red
1-2 pm	Blue	Blue	Green	Green	Red	Red
2-3 pm	Blue	Blue	Green	Green	Red	Red
3-4 pm	Blue	Blue	Green	Green	Red	Red
4-5 pm	Blue	Blue	Green	Green	Red	Red

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SUNDAY	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
7-8 am	Green	Green	Green	Green	Green	Green
8-9 am	Green	Green	Green	Green	Yellow	Yellow
9-10 am	Purple	Purple	Purple	Green	Yellow	Yellow
10-11 am	Purple	Purple	Green	Green	Yellow	Yellow
11 am-Noon	Purple	Purple	Green	Green	Yellow	Yellow
Noon-1 pm	Blue	Green	Green	Green	Red	Red
1-2 pm	Blue	Green	Green	Green	Red	Red
2-3 pm	Blue	Green	Green	Green	Red	Red
3-4 pm	Blue	Green	Green	Green	Red	Red
4-5 pm	Blue	Green	Green	Green	Red	Red

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