INDOOR LAP SWIM SCHEDULE

August 17–September 2026

MONDAY	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
5–6 am						
6–7 am						
7–8 am						
8–9 am						
9–10 am						
10–11 am						
11 am–Noon						
Noon–1 pm						
1–2:30 pm						
2:30–3:30 pm						
3:30–4:30 pm						
4:30–5 pm						
5–6 pm						
6–7 pm						
7–8 pm						
8–9 pm						
9–10 pm						

TUESDAY	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
5–6 am						
6–7 am						
7–8 am						
8–9 am						
9–10 am						
10–11 am						
11 am–Noon						
Noon–1 pm						
1–2:30 pm						
2:30–3:30 pm						
3:30–4:30 pm						
4:30–5 pm						
5–6 pm						
6–7 pm						
7–8 pm						7:30–8:30
8–9 pm						
9–10 pm						

SPECIAL EVENTS / TRAININGS*

8/2–8/16	INDOOR POOL CLOSED FOR YEARLY MAINTENTANCE	9/7	Labor Day Holiday Hours—Lap Swim, 7am–Noon
8/18– 9/10	Swim Team Pre-Season Clinic, TU/TH, lanes 1–4, 7–9 pm	9/8	Water Aerobics Begins
8/24	Swim Team New Member Evals, lanes 1–3, 6–8 pm	9/8	Swim Lessons Begins
8/25	Swim Lessons Open House, lanes 4–6, 5–6:30 pm	9/11	Swim Team All-Team Meeting, lanes 1–4, 7–8 pm
8/26	Swim Team New Member Evals, lanes 1–3, 6–8 pm	9/13	NWCSRA Programming Begins
8/26	Find Your Fun Open Swim lanes 1–3, 6–8 pm	9/14	Swim Team Season Begins
8/27	Find Your Fun Beginner Adult Swim Lesson, lanes 3–6, 6–7 pm	9/17	VVSD Lessons Begins, lanes 1–3, 2:30–4:30 pm
8/29	Swim Team New Member Evals, lanes 1–3, 9–11 am		

**Schedule is subject to change based on programming, special events and trainings. Signs regarding updates will be posted on the indoor pool doors. Please allow 5–10 minutes for program transitions.*

COLOR KEY

- Lap Swim
- Swim Lessons
- Swim Team
- NWCSRA
- Rentals
- Water Aerobics
- Open Swim

INDOOR LAP SWIM SCHEDULE

August 17–September 2026

WEDNESDAY	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
5–6 am						
6–7 am						
7–8 am						
8–9 am						
9–10 am						
10–11 am						
11 am–Noon						
Noon–1 pm						
1–2:30 pm						
2:30–3:30 pm						
3:30–4:30 pm						
4:30–5 pm						
5–6 pm						
6–7 pm						
7–8 pm						
8–9 pm						
9–10 pm						

THURSDAY	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
5–6 am						
6–7 am						
7–8 am						
8–9 am						
9–10 am						
10–11 am						
11 am–Noon						
Noon–1 pm						
1–2:30 pm						
2:30–3:30 pm						
3:30–4:30 pm						
4:30–5 pm						
5–6 pm						
6–7 pm						
7–8 pm						7:30–8:30
8–9 pm						
9–10 pm						

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- Swim Lessons
- Swim Team
- NWCSRA
- Rentals
- Water Aerobics
- Open Swim

INDOOR LAP SWIM SCHEDULE

August 17–September 2026

FRIDAY	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
5–6 am						
6–7 am						
7–8 am						
8–9 am						
9–10 am						
10–11 am						
11 am–Noon						
Noon–1 pm						
1–2:30 pm						
2:30–3:30 pm						
3:30–4:30 pm						
4:30–5 pm						
5–6 pm						
6–7 pm						
7–8 pm						
8–9 pm						
9–10 pm						

SATURDAY	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
7–8 am						
8–9 am						
9–10 am						
10–11 am						
11 am–Noon						
Noon–1 pm						
1–2 pm						
2–3 pm						
3–4 pm						
4–5 pm						

SUNDAY	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
7–8 am						
8–9 am						
9–10 am						
10–11 am						
11 am–Noon						
Noon–1 pm						
1–2 pm						
2–3 pm						
3–4 pm						
4–5 pm						

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